



SAINT JOSEPH'S

Heart Center for Women

Post Screening Perception Questionnaire

A goal of the Saint Joseph's Heart Center for Women is to increase our client's awareness of their overall risk of cardiovascular disease and their current risk factors through our clinical evaluation and patient education. We also want our clients to have the knowledge to engage in healthy lifestyle behaviors, to set goals for their health, and to be able to advocate for themselves when speaking to their doctor about the health information they learned during the visit. Would you please complete this evaluation and let us know how well we did in meeting our goals? Thank you in advance for your assistance.

Name:

DOB:

Date/month of screening:

1. Please indicate how much your experience at Saint Joseph's Heart Center for Women increased your awareness of your individual overall risk for cardiovascular disease

Not at all	Somewhat	Moderately	Very	Extremely

2. Please indicate how much your experience at Saint Joseph's Heart Center for Women increased your awareness of the following risk factors for cardiovascular disease:

	Not at all	Somewhat	Moderately	Very	Extremely	Does not apply to me
Diabetes						
Hypertension						
Elevated Cholesterol						
Smoking						
Not being physically active						
Older age						
Having a family history of heart disease						
Being post-menopausal						

3. Please indicate how your experience at the Saint Joseph’s Heart Center for Women increased your knowledge about how to engage in the following healthy lifestyle behaviors and set goals about your health:

	Not at all	Somewhat	Moderately	Very	Extremely	Does not apply
Having a healthy diet						
Having a physically active lifestyle						
Maintaining a normal weight						
Setting a goal to maintain a normal blood pressure						
Setting a goal to maintain a normal cholesterol level						
Setting a goal to have a normal blood sugar level						

4. Please indicate how your experience at Saint Joseph’s Heart Center for Women increased your ability to advocate for yourself with your health care provider and talk to your doctor about the health information you received.

Not at all	Somewhat	Moderately	Very	Extremely