



SAINT JOSEPH'S
Heart Center for Women

Welcome to the Saint Joseph's Heart Center for Women! We are so pleased that you have made your health a priority and decided to have a cardiovascular screening and evaluation at our facility.

Heart disease is the number one killer of women. Many of these deaths can be prevented if heart disease is detected early. Patients who take their health seriously and look into the risk factors are not only wise but they may be saving their own lives.

At the Saint Joseph's Heart Center for Women, we will thoroughly review your past medical history as well as your family history. We will discuss your current exercise routine, diet and review your proper body weight. We will examine you and then you will undergo the most advanced preventive cardiovascular screening. Our nurse practitioner will thoroughly discuss your individual risk factors for heart disease, as well as the results of the testing. We'll put together a plan that is founded on diet, exercise and a healthy body weight. If further medical treatment or cardiovascular consultations are suggested, we'll recommend a Saint Joseph's cardiologist who specializes in women and heart disease.

We hope that you find the Heart Center for Women an educational and pleasant experience. We want to provide cardiovascular screening for you, your mother, your daughter(s) and all your friends who may be concerned about heart disease.

Sincerely,

Gina P. Lundberg, MD
Director, Saint Joseph's Heart Center for Women